

# INSTRUCTIONS FOR AUTHORS

<p style="text-align: center;"><b>INSTRUCTIONS TO THE AUTHORS</b></p> <p>Journal of Surgery Pakistan invites papers on clinical, experimental, research and historical topics pertaining to surgery, its sub-specialties, and allied fields. The manuscript should be submitted by registered post with CD, to          Dr. Jamshed Akhtar          Editor          Department of Paediatric Surgery          National Institute of Child Health, Rafiquee Shaheed Road          Karachi-75510 Pakistan          Tel No: 00 92 21 99201261-3/204          Fax No: 00 92 21 99201270          Email: jsurgpakistan@yahoo.com, Website: www.jsp.org.pk</p> <hr/> <p style="text-align: center;"><b>EDITORIAL POLICY</b></p> <p>The following categories of papers may be published.</p> <p><b>Original Articles</b>          These articles present new, valid and relevant investigations into the etiology, pathology, diagnosis and treatment of surgical diseases.</p> <p><b>Case Report</b>          These must be of educational value and stress unusual features of disease.</p> <p><b>Ideas and Innovation</b>          These must contain reports of original, hitherto unreported techniques or modifications of existing procedures. Short reports on new instruments invented by the author are also welcome.</p> <p><b>Clinical Practice Articles</b>          Based upon routine clinical work.</p> <p><b>Review Articles</b>          Comprehensive review of important medical conditions by an expert.</p> <hr/> <p style="text-align: center;"><b>PREPARATION OF MANUSCRIPT</b></p> <p>The manuscripts should be typed in double spacing on 8 ½” (21.5 cm x 28.0 cm) white bond paper with 1-inch (2.5 cms) margins. It should not exceed 20 pages, excluding the table and references. There should be no more than 25 references in an Original Article, and no more than 40 in a Review Article. The title of the paper should be followed by the full name, degree(s) designation, hospital and medical college affiliation, hospital address and the name and address (email) of the person to be approached for correspondence. CD of the article should also be sent with 3 copies of the article.</p> <hr/> <p style="text-align: center;"><b>ABSTRACT</b></p> <p>It should follow the Title. It should be structured. This should be suitable for printing by abstracting journals and include data on the problem, material and methods, results and conclusion. It should not exceed 250 words. Uninformative abstracts stating the “data will be discussed” are vague, of little value, and are unacceptable.</p> <hr/> <p style="text-align: center;"><b>KEY WORDS:</b> (Indexing terms).</p> <p>Below the abstract please include 3-5 key words or phrases that will assist indexers in cross-indexing your article. Please use terms from the medical subjects list from the Index Medicus, whenever possible.</p>	<p style="text-align: center;"><b>INTRODUCTION</b></p> <p>It should acquaint the readers with the problem being discussed and the nature and the purpose of the work. A brief mention of relevant literature should be made.</p> <hr/> <p style="text-align: center;"><b>PATIENTS AND METHODS</b></p> <p>The clinical, technical or experimental procedures should be described. Previously published method should only be cited as reference. Statistical method should be described in detail. Ethical issues should be taken into consideration and must be addressed.</p> <hr/> <p style="text-align: center;"><b>RESULTS</b></p> <p>These should be presented in a logical sequence in either the text, tables and illustrations. All the data in the tables should not be repeated in the text, only important observations should be emphasized or summarized. No opinion to be given.</p> <hr/> <p style="text-align: center;"><b>DISCUSSION &amp; CONCLUSIONS</b></p> <p>The author’s comments on the results, supported with contemporary references, including arguments and analysis of identical works done by other workers are written. Do not write a summary.</p> <hr/> <p style="text-align: center;"><b>S.I. UNITS</b></p> <p>System International (SI) unit measurement should be used. All drugs must be mentioned in their generic form. The commercial name may, however be mentioned within brackets.</p> <hr/> <p style="text-align: center;"><b>FIGURES/PHOTOGRAPHS</b></p> <p>Figures/photographs should be sent only when data cannot be expressed in any other form. They must be unmounted, glossy prints in sharp focus, 5” x 7” (12.7x17.3cms) in size. They should be in black and white, if colour photographs are essential their cost of printing will be borne by the author (s). Negative, transparencies, X-ray film should not be submitted. The number of the figure, the name of the author(s), and the top of figure should be printed on the back of each figure/photograph. These figures and photographs must be cited in the text in consecutive order. Legends must be typed on a separate sheet of paper. Legends for photomicrographs should indicate the magnification, internal scale and the method of staining. The photographs in published articles will not be returned. Permission to reproduce photographs of patients, whose identity is not disguised, should be sent with the manuscript, otherwise the eyes will be blacked out.</p> <hr/> <p style="text-align: center;"><b>REFERENCES</b></p> <p>References should be numbered in the order in which they are cited in the text. At the end of the article, the full list of references should give the names and initials of all authors (unless they are more than six, when only the first six should be given followed by et al). The authors’ names are followed by the title of the article; the title of the journal abbreviated according to the style of the Index Medicus (see “List of Journals Indexed”, printed yearly in January issue of Index Medicus); e.g.; “Hall, RR: The healing of tissues by CO<sub>2</sub>-laser. Br J Surg 1971; 58: 222-5”. Reference to books should give the names of authors /editors, place of publication, publisher and year. The author must verify the references against the original documents before submitting the article.</p>
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# CHECK LIST: A JOB MADE EASY

JAMSHED AKHTAR

EDITOR

<b>Title Page</b>	Topic should be precise and reflect the nature of study. It should not carry abbreviations.	Authors' names Only those names should be included who have substantial contribution to the study. If they are not from the same department of the hospital then their inclusion should be justified.	Address for correspondence Complete with post code, telephone number, including cell number and E. mail address.	Category of article mentioned and word count written. (Original article, clinical practice article, case report etc).
<b>Letter of undertaking</b>	Signed by all authors	Contribution of each author mentioned	Should mention if article has been submitted previously, or rejected from other periodical.	
<b>Abstract</b>	Structured, About of 250 words (for original, clinical practice and evidence based report)  Non-structured for case report (up to 150 words).	Structured abstract should contain Objective, Place and duration, Design of study. Methodology and Results. Conclusion of the study must be drawn from the study results only. No recommendation is needed. Non-structured abstract should describe salient features of the case reported.	No introduction or background is needed.	Key words (MeSH) should be added. (3-5).
<b>Introduction</b>	Should be strictly related to objective. Maximum of three paragraphs with no more than 8 references in this part is recommended.	It should be precise and highlight the importance of study.	The last paragraph should describe rationale of conducting the study.	
<b>Patients and Methods</b>	Details of the procedure of collecting data should be given.	Statistical test if applied, should be described in detail.	No result should be mentioned in this segment.	Ethical issues if present should be addressed in research protocol. Approval from ethical review board is required.
<b>Results</b>	Results should be related to the objective of the study.	The results plotted in table or charts should not be repeated in text and vice versa. Only 3 tables are allowed. Maximum of 3 pictures in JPEG format is allowed for case report.	No opinion should be given about the results in this segment.	
<b>Discussion</b>	Should relate to the objective of the study.	It should be in paragraphs supported by relevant recent references.	Each issue should be discussed in a separate paragraph.	References supporting statements should not be quoted like 1-10.
<b>References</b>	Total number of references for original article should be between 15 - 25. For case report maximum of 10 References are allowed.	References should be written in Vancouver style. References should be in numerical order.	Majority of the references should be from recent literature, less than 5 years old.	Pakistani references should be mentioned.
<b>Over all aspect of the articles.</b>	Third person language should be used.	For original article: Total length of the article is 1600-2000 words excluding abstract and references. For clinical practice article and Evidence based report the length of article is between 1200-1500 words. For case report it is up to 1000 words.	Size 12 font should be used in text. The manuscript written in Times New Roman style. No bold and underlining be done	Studies ending 3 years back from the date of submission of article are not accepted. Only in exceptional cases if subject found interesting, the relaxation will be given.

Dissertation based articles should be mentioned in the covering letter. Permission should be taken from concerned departments.

Avoid duplicate studies. The subject already covered well in literature will not be entertained, if it does not bring into light some new aspects of the condition.

Editorial Board has the right to make necessary changes in the manuscript during editing process.

The journal does not issue acceptance letters. Only receiving of manuscript is acknowledged.

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